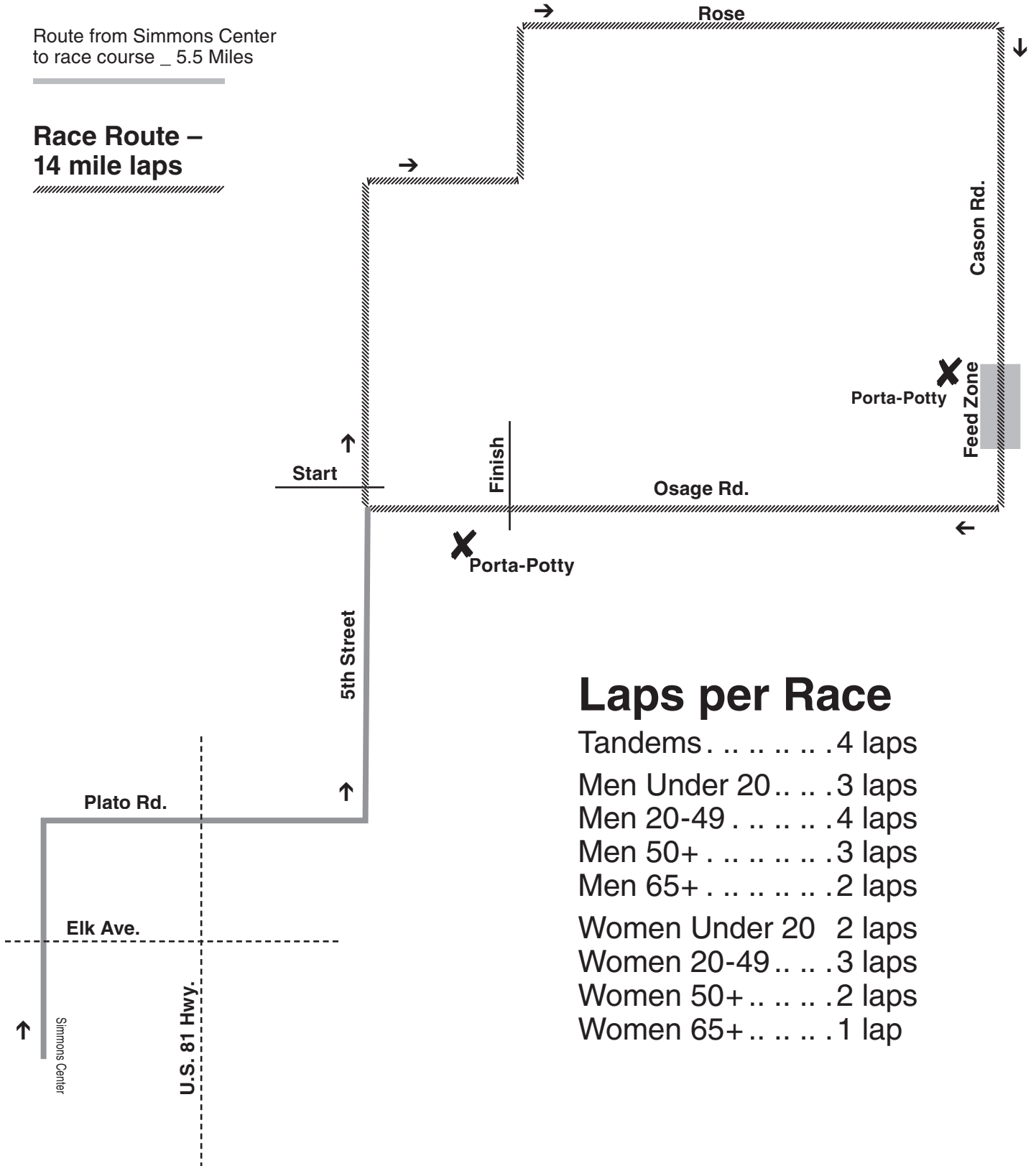


DEHYDRATOR RACE COURSE

Route from Simmons Center
to race course _ 5.5 Miles

**Race Route –
14 mile laps**



Laps per Race

- Tandems 4 laps
- Men Under 20 3 laps
- Men 20-49 4 laps
- Men 50+ 3 laps
- Men 65+ 2 laps
- Women Under 20 2 laps
- Women 20-49 3 laps
- Women 50+ 2 laps
- Women 65+ 1 lap